

3. In what ways can this Psalm be said to be sung with Christ?

---

---

---

**EXERCISE - PSALM 90**

1. What type of Psalm are we reading?

---

---

2. What might the historical context or circumstances be?

---

---

---

3. Is this a song about, to, with or by Christ? Why?

---

---

---

---

---

---

---

Clue: consider the call and mission of the author



# SINGING THE PSALMS



## JESUS CHRIST IN THE PSALMS

“Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.” (Col 3:16)

## Singing the Psalms - Christ in the Psalms

When Jesus said, in Luke 24:44,

“...that everything written about me in the Law of Moses and the Prophets and the Psalms must be fulfilled.”,

He then opened the disciples minds to understand the scriptures.

This verse tells us at least two things:

**First**, that Christ is revealed in the Psalms and,

**Second**, that a true understanding of the Psalms (collectively) will lead, in some way, to a greater revelation of Christ.

Having discussed the various types of Psalms and the importance of their historical context, we are now in a good position to find Christ faithfully, as He has revealed Himself in the Psalms.

### PSALMS SUNG ABOUT JESUS

Certain Psalms can be said to be about Jesus when they relate to His life, death and resurrection and the implications of His ministry, in the third person. These Psalms help inform our understanding of His mission and person.

#### Psalm 110

1. What type of Psalm are we reading?

---

---

2. What might the historical context or circumstances be?

---

---

3. In what ways can this Psalm be said to be a song about Christ?

---

---

---

### PSALMS SUNG TO JESUS

Some Psalms can be said to be sung to Jesus when they speak of His work or character in the second person. These Psalms help inform our devotion and praise of Christ for all that He is and does.

#### Psalm 45

1. What type of Psalm are we reading?

---

---

2. What might the historical context or circumstances be?

---

---

3. In what ways can this Psalm be said to be a song to Christ?

---

---

---

### PSALMS SUNG WITH OR BY JESUS

Some Psalms can be said to be sung with or by Jesus when they are spoken in the first person. Here, we join with Christ as brother (Heb 2:11-13) in our devotion, lament and praise to the Father.

#### Psalm 16

1. What type of Psalm are we reading?

---

---

2. What might the historical context or circumstances be?

---

---